

| M | T | W | R | F | SA | SU |
|---|---|--|--|---|---|---|
| VIRTUAL BUILDING KEY  | 7 AERIAL MORNING BLISS O/P 8:15 Marisa | | 9 AERIAL CORE Off-Peak 10:15 Monica | | 10:30 AERIAL HAMMOCK TRICKS 2/3 11:45 Mae | 10:15 AERIAL YOGA 1 11:30 Marisa |
| | NEW! Off-Peak Pricing (O/P) Enjoy our discounted classes and save off regular Single & 10-Pack pricing! Drop-Ins: \$29 / 10-Pack: \$270 | | Classes are Open Level if not otherwise noted. | | 10:30 CIRCUS SILKS / LYRA101 11:45 Fran | |
| 12:30 AERIAL YOGA 1 Off-Peak 1:45 Janie | 12:30 AERIAL HAMMOCK TRICKS 2/3 1:45 Amanda | 12:30 AERIAL YOGA 1 Off-Peak 1:45 Barbara | 12:30 AERIAL HAMMOCK TRICKS 2/3 1:45 Amanda | 12:30 AERIAL YOGA 1 Off-Peak 1:45 Monica | 12 CIRCUS SILKS 1 1:15 Fran | 12 CIRCUS SILKS 2+ 1:15 Fran |
| 2 OPEN WORK OUT | 2 HAND STANDS Off-Peak 3:15 Ed | 2 OPEN WORK OUT | | | 12 CIRCUS LYRA 1 1:15 Jacob | 12 CIRCUS LYRA 101 1:15 Eva |
| 4 OPEN WORK OUT | | 4 OPEN WORK OUT | | | 1:45 AERIAL YOGA 1 3 Tingting | 4 CIRCUS BUNGEE 5:15 Kai |
| 4:30 KIDS HAMMOCKS ONLY 5:30 Izzy | 4:30 KIDS ALL APPARATUS 5:30 Fran | 4:30 KIDS HAMMOCKS + LYRA 5:30 Barbara | 4:30 KIDS ALL APPARATUS 5:30 Fran | 4 AERIAL DANCE 101 Off-Peak 5:15 Jesse | 3:15 AERIAL YOGA 2 4:30 Janie | 4:30 AERIAL DANCE 101 Off-Peak 5:45 Sam |
| 5:45 AERIAL DANCE 7 Izzy | 5:45 AERIAL YOGA 1 7 Janie | 5:45 AERIAL YOGA 2 7 Barbara | 5:45 AERIAL YOGA 1 7 Janie | 5:45 CIRCUS BUNGEE 7 Barbara | 5 AERIAL HAMMOCK TRICKS 3 6:15 Amanda | 6 AERIAL DANCE 1+ 7:15 Sam |
| 7:30 CIRCUS SILKS 1 8:45 Eva | 7:30 AERIAL DANCE 8:45 Kristin | 7:30 AERIAL CORE 8:45 Amanda | 7:30 CIRCUS LYRA 2 8:45 Tingting | 7:30 AERIAL YOGA 1 8:45 Maisah | 873 Broadway @ 18th Street 2nd floor 212 353 3500 info@omfactory.yoga | 7:30 AERIAL HAMMOCK TRICKS 2 8:45 Marisa |
| 7:30 HAND STANDS Off-Peak 8:45 Ed | | 9 AERIAL HAMMOCK TRICKS O/P 10:15 Austin | 7:30 CIRCUS SILKS 1 8:45 Fran | 9 AERIAL HAMMOCK TRICKS O/P 10:15 Austin |  MAY 2024 / omfactory.yoga | |